

Edgewood Manor OF LUCASVILLE II

10098A Big Bear Creek Road • Lucasville, OH 45648 • (740) 259-5536

February 2025

Walking in a Chilly Wonderland

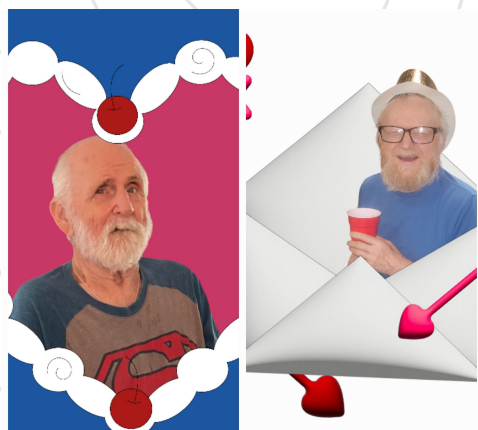
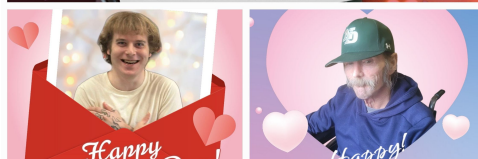
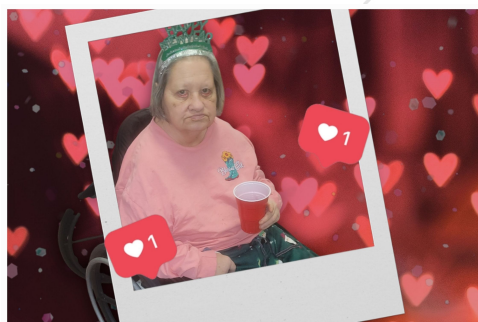
Don't stop your daily walk around the block because the temperature dropped. Instead, prepare yourself for the winter weather by dressing properly for the outdoors. Wear layers of loose-fitting clothing when stepping outside. Cotton and wool trap warm air best and resist dampness. Also, because the head and neck lose heat fast, bring along a hat or scarf to keep in that warmth.

The Great Backyard Bird Count

Every February, bird-watchers around the world lend a helping wing to scientists by participating in the Great Backyard Bird Count, a four-day project organized by the Cornell Lab of Ornithology and the National Audubon Society. Learn more at GBBC.BirdCount.org.

February Forecast

Feb. 2 is Groundhog Day, when the furry forecaster from Pennsylvania emerges from his burrow. If Punxsutawney Phil sees his shadow, it means six more weeks of winter. If he doesn't, then spring is just around the corner.



Be My Valentine

Each year on Feb. 14, people give cards, candy, gifts or flowers on the day of love and romance called Valentine's Day. The observance dates back to the 5th century.

Enjoy Flowers Longer

If you receive a bouquet of fresh flowers, help them last longer with this recipe: Dissolve 2 tablespoons each of sugar and white vinegar in a quart of warm water. Experts say another alternative is to mix one part lemon-lime soda with three parts water. Change the water mixture every few days.



Sealed With a Kiss

Introduced in 1907, Hershey's Kisses are now one of the most popular candies purchased for Valentine's Day. To meet Cupid's demands, it's estimated that more than 750 million of the little chocolate drops are produced for the holiday.

Super Food: Wild Rice

Wild rice is high in protein and fiber, and low in fat. Since it is a grass, it is also gluten-free and easier to digest than most grains. Wild rice is higher in antioxidants, magnesium and B vitamins than brown rice. Its nutty, slightly sweet flavor is a great addition to soups and vegetable dishes.



Trivia Whiz

Logos of Love

Symbols for love and romance are everywhere we look: in fine art and magazines, on billboards and greeting cards, and even on our clothes.

The Romans believed diamonds, worn to symbolize eternal love, were splinters of fallen stars. The first diamond engagement ring can be traced to the 15th century.

The personification of love and courtship, Cupid is depicted with a bow and quiver of arrows. The notion that being hit by Cupid's arrow will make the victim fall in love comes from the myth of Cupid and Psyche.

Likely the most common symbol for love is the heart. At one time, scholars believed the heart was the seat of all human emotions. Giving a heart meant giving everything to someone you love.

In Honor of Our First President

Towering above the nation's capital as a tribute to the first president of the United States, the Washington Monument is one of America's most recognized landmarks.

Plans for a structure honoring George Washington began before he even became president: In 1783, the Continental Congress voted to erect a statue of Washington commemorating his leadership of the American army during the Revolutionary War. But Washington canceled the project after he took office, unwilling to spend federal funds on his own memorial.

In 1833, the Washington National Monument Society revived the idea and raised private donations. Construction began in 1848, but a dwindling budget and the Civil War interrupted its progress. The project was resumed again in 1879, and the monument was officially dedicated on Feb. 21, 1885, one day before

Washington's birthday.

Because of the time gap between phases of construction, the quarry stone used in the monument couldn't be matched, which is why the bottom of the finished structure is noticeably lighter than the top.

Designed by architect Robert Mills, the Egyptian obelisk-inspired monument is 555 feet, 5 1/8 inches tall.



A Celebration of Sound

For more than six decades, the world of music comes to a crescendo when performers and other industry members gather for the Grammy Awards.

The Grammys were created in 1958 by the Recording Academy to honor achievements in the recording industry. Winners are chosen by their peers, and commercial aspects like

record sales do not influence votes. Trophies in the form of gold gramophones are awarded in more than 90 categories in various genres, including pop, rock, rhythm and blues, country and classical music. The night's four most-coveted Grammys go to the album, record and song of the year and best new artist.

The first Grammys, held in 1959, saw Rat Packers Frank Sinatra, Sammy Davis Jr. and Dean Martin join other entertainers like Gene Autry, Johnny Mercer and Henry Mancini in Beverly Hills, Calif., while a simultaneous event took place in New York City. These multi-city ceremonies continued for several years before being changed to a single venue, which today is in Los Angeles.

Happy Birthday



- James Buff - 02/04
- Ashley Stone - 02/04
- Amber Mercer - 02/08
- Michael Piatt - 02/11
- Alison Bender - 02/12
- Tina Whitt - 02/16
- Nikki Coriell - 02/21
- Jeffrey Moye - 02/23
- Lindsey Browning - 02/24
- Shandy Brown - 02/28

Happy Anniversary

- Robin Guilkey - 02/10 - 2yrs
- Rachel Pieper - 02/10 - 10yrs
- Adrien Dunn - 02/13 - 2yrs
- Amanda Landrum - 02/20 - 2yrs
- Lynn Kratzer - 02/27 - 5yrs



Valentine's Day Treat

Conversation hearts, also known as candy hearts or Sweethearts, date back to the late 1800s when Oliver Chase and his brother Daniel created the sugary treats. They used vegetable dye to print words on what were originally scallop-shaped confections. Phrases were much longer then, with sayings such as "Married in white, you have chosen right" and "How long shall I have to wait? Please be considerate." In 1902, the famous heart shape appeared and simpler prints came out, like the familiar "Be Mine" or "Kiss Me."



Managers

- Executive Director: Tammie Tuttle
- Director of Nursing: Rachel Pieper
- Asst. Director of Nursing: Rebekah Anderson
- MDS: Donie Bowen
- Business Office: Eddie Sue Whitt
- Business Office Manager: Barb Newman
- Activities Director: Shannon Broughton
- Dietary: April Montgomery
- Resident & Family Services: Amber Mercer
- Medical Records: Tina Whitt
- Environmental Services: Kim Strickland
- Hospitality Services: Carolyn Miller
- Rehab Director: Lynn Kratzer
- Nursing Unit Manager: Christy Pernell

February 2025

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

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2	3	4	5	6	7	8
9 	10	11	12	13	14	15
16	17 Presidents Day	18	19 	20	21	22
23	24	25	26	27	28	

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